



PROFESSIONAL DEVELOPMENT WORKSHOPS FOR INTERNATIONAL SCHOOLS

MENTAL HEALTH & WELLBEING

- From Math Anxiety To Math Efficacy – A solutions-focused workshop for teachers
- The Power of Thoughts: Using Cognitive Behavioral Therapy strategies for young children (for counselors)
- Cognitive Behavior Therapy for Teens: Building resilience & changing mindsets (for counselors)
- Building Resilience in Adolescents: How teachers can make a difference in the teen years
- Sharpening Your Mentoring Tools: Advanced soft skills for empowering adolescents
- Understanding & Maintaining Healthy Boundaries: Tools for boarding school staff
- Creating Mindful & Safe Digital Habits: Navigating kids & teens through today's digital world
- Mental Health & Resilience Workshops for University students

NEURODIVERSITY & LEARNING SUPPORT

- The ABCs of ASD (Autism Spectrum Disorder): What educators need to know to support neurodiverse students
- One Size Does Not Fit All: An individualized data-driven approach to managing challenging behaviors
- Reaching Students with ADHD: Tips from an Occupational Therapist for teachers
- Supporting Handwriting Development in the Classroom: Tips from an Occupational Therapist
- Interpreting Psycho-educational Reports: What student support staff need to know & where to find it!
- New Frontiers in Inclusion & Mental Health for International Schools: The brave new world of telehealth
- Behavior Management for Classroom and Playground Assistants

DIVERSITY

- Anti-Bias Training for International Schools (foundational & advanced)
- Anti-Racism Training for International Schools (foundational & advanced)
- Breaking the Binary: Providing culturally competent care for youth who identify as LGBTQI+

WORKSHOPS FOR STUDENTS

- Ready, Set, Go! Time Management Hacks for Life
- Understanding the Meaning of Consent – A confidence boosting workshop for teens
- Creating Mindful & Safe Digital Habits: Navigating today's digital world

Linden Global Learning workshops are designed to be engaging, interactive, and based on the latest research in the field of education and child psychology. Our workshops aim to stimulate open conversations about strategies and best practices that support the growth and development of diverse learners. Facilitators are committed to creating safe and inclusive spaces to help foster discussion, self-reflection, questioning and interaction.

In addition to our standard workshops, we offer bespoke workshops especially tailored to a school's individual need and cultural setting.